

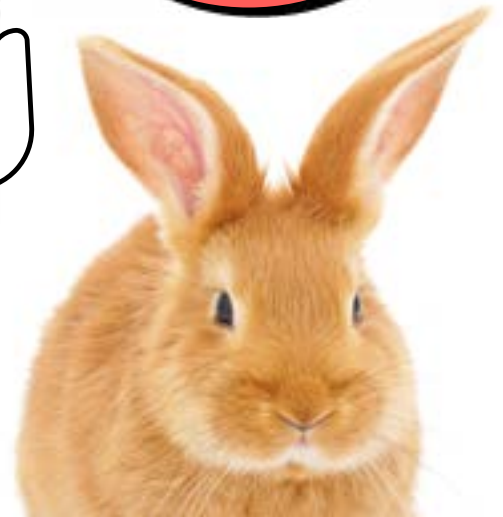


The College of
Animal Welfare

VCA Congress

Wednesday 22nd November 2023

9am-4.30pm



VCA Congress Programme

9am – 9.30am **Online Registration and Exhibition**

9.30am – 9.35am **Chair's Welcome**
Kirsty Jones RVN Cert Ed, The College of Animal Welfare

9.35am – 10.20am **The VCA's role in ultrasound examinations**

Jack Pye, RVN

In this presentation we will go through the veterinary care assistant's role in ultrasound examinations from preparing a suitable environment for scans to take place to patient preparation to ensure high quality diagnostic images can be obtained by the operator, also restraint techniques and a basic overview of why ultrasound is used and what we are looking at on the screen in order to be proactive when preparing the ultrasound area and machine.

10.20am – 11.05am **Getting Inappetant Patients to Eat**

Nicola Lakeman (Hons) RVN CertSAN CertVNECC VTS (Nutrition), Plymouth Veterinary Group

Getting animals to eat can be one of the most difficult things to do. The role of VCAs in ensuring that adequate nutrition is achieved is really important. This presentation aims to give delegates the guidance to be able to:

- Identify inappetence, anorexia and dysrexia in animals
- The methods in place to increase nutrition intake of animals
- How to monitor nutritional intake in animals

11.05am – 11.30am **Live Q&A Panel** Present questions to the speakers

11.30am – 12pm **Online Exhibition and Lounges**

12pm – 12.45pm **Pet Loss and Bereavement Support**

Meg Richards FdSc RVN, Canine Hydrotherapist

Pet loss and bereavement support is arguably one of the most important services we offer as veterinary professionals. Being present for one of the most difficult times that pet ownership brings is a vital part of our roles, and understanding how we can best support and console clients in a professional manner is essential.

This presentation will run through communication styles, how to help set up a supportive euthanasia appointment, post-euthanasia care for the client and how to look after yourself following difficult cases.

It aims to leave you feeling much more confident and better equipped to deal with one of the most emotional aspects of the job.

12.45pm – 1.05pm **Live Q&A Panel** Present questions to the speakers

**How to
book...**

For details of prices and how to book your place, please see overleaf to complete and return the booking form. You can also book online at www.caw.ac.uk/events/vca-congress



1.05pm–2.05pm Online Exhibition and Lounges

2.05pm – 2.50pm **Getting it all done: How to manage your own time and energy**

Liz Somerville BSc (Hons) PgCert VBM, Loch Leven Equine Practice

Time is the most valuable thing that we have and once it's gone, we can't get it back! So how can we make sure that we are using our time and energy wisely when there are constant distractions and drains on our time and energy levels?

This session will share some tools to help you identify those distractions and to understand how effective you are at managing your own time. It will help you to decide what's important and urgent or when you can give yourself permission to ditch or delegate something. We'll discuss to-do-lists, how (in)effective they are, and how to use them alongside other tools and strategies to make sure those items actually get done.

2.50pm – 3.35pm **Overcoming Fears of Inadequacy and Self-doubt**

Iain Price PhD, VDS Training

Do you ever feel inadequate or a fake? If you do you are not alone! These are thoughts associated with so called 'Imposter Syndrome'. Recent research suggests that up to 80+% of us feel this way at some point in our life. Awareness and understanding of how our brains constantly lie and play tricks on us, can help you to challenge and overcome your own imposter thinking. In turn, this can improve your self-assurance, confidence and enjoyment in who you are, your life and what you have to offer your teams and those who you care for.

3.35pm – 4pm **Live Q&A Panel** Present questions to the speakers

4pm–4.05pm **Chair's Close** *Kirsty Jones RVN Cert Ed, The College of Animal Welfare*

4.05pm–4.30pm **Exhibitor Promos to close**

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For details of prices and how to book your place, please see overleaf to complete and return the booking form. You can also book online at www.caw.ac.uk/events/vca-congress



Please note the organisers have the right to change the programme at short notice and without notice.

VCA Congress 2023

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Do you have any dietary requirements? _____

Do you have any accessibility requirements? (e.g closed captions) _____

How did you hear about VCA Congress? _____

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